



Directions From NYC Area

SCENIC START: From George Washington Bridge take Palisades Parkway to Exit 9W. (NOT ROUTE 9W) to NY State Thruway Rt 87 North to Exit 16 Harriman/Woodbury Commons At Thruway Exit 16 pick up Rt 17 North/West. Not very scenic and pretty boring for about an hour to Exit 94 Roscoe /Walton /Oneonta stop sign of exit: turn LEFT onto Rt 206 West past Roscoe 11.7 miles to end.

At the "T" turn LEFT onto Rt 30/206 toward Downsville/Walton, around the Pepacton Reservoir. At mile 9.4 there is a blinking truck warning. Keep going.

At mile 13 there is a stop light: turn RIGHT, go over small bridge to traffic light. Country Emporium in front of you.

Turn LEFT onto Delaware St. to light.

Turn RIGHT onto Townsend St., past two stop signs to the end. HIT MILEAGE COUNTER.

Turn LEFT onto Walton/Franklin Rd also called Rt 21.

Go 9.2 or 9.3 miles depending on the size of your tires.

Watch for "45mph" sign with a squiggle over it indicating a curve...as if there have not been any? NEXT LEFT is Heathen Hill Rd.

Go .8 miles on this dirt road. Mailbox is #810 on the left. I'll leave the light on.

IF you miss Heathen Hill Road, you will see a billboard on your RIGHT "WILD MOUNTAIN LANDSCAPING" and two flashing yellow lights, you have gone too far. Turn around. Heathen Hill will be your next RIGHT.

Heathen Hill Yoga

810 Heathen Hill Road, Franklin, NY 13775 607-829-5328