



## Directions From Albany Area

Take Route 88 West to Exit 15 Oneonta/ Rt 28

LEFT at light off exit ramp.

Go to second light RIGHT onto Rt. 28

Go through 2 lights and head up and over Franklin Mountain

Watch for split of Rt 28 to the left and Rt. 357 WEST.

TURN RIGHT ONTO RT. 357

Go 6.4 miles which will take you through the village of Franklin.

Watch for sign "WALTON 13 miles" TURN LEFT onto Rt 21

Franklin/Walton Rd

Go 3.2 miles. Watch for "Wild Mountain Landscaping" billboard on your left.

NEXT RIGHT is HEATHEN HILL ROAD. Go .8 miles.

#810 on your left

Heathen Hill Yoga

810 Heathen Hill Road, Franklin, NY 13775 607-829-5328